



# [Carolina Mountain Club](#)

*Hike - Save trails -  
Make friends*

**January 28, 2011**

## [CMC Calendar](#)



Check us out on Facebook.

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From Your Editor

It's cold, it's icy, it's snowy but there's always good hiking to be found right here.  
[Danny](#)

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What's Happening Now

Peter Barr's 2010 Appalachian Trail Slideshow/Movie Presentation - Feb. 2

Please join Peter Barr on February 2nd at 7:00pm at the [Henderson County Library](#) (301 N. Washington St. ) for the presentation of a slideshow/movie featuring his 2010 Appalachian Trail thru-hike.

"Whippersnap" completed the 2,181 miles of the A.T. this summer, also hiking an additional 200 total miles to reach peaks, waterfalls, high points, historical spots, and views which will be featured in the presentation.

He also used his hike as a fundraiser for the rehabilitation of the Shuckstack lookout tower in the Great Smoky Mountains National Park. His movie/slideshow will last 80 minutes and be followed by a question and answer session. Save the date!

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Mountains-to-Sea Trail from Clingmans Dome to Hanging Rock - Program on Tuesday Feb. 8

I will be presenting a program on the [Mountains-to-Sea Trail](#) in the mountains, from Clingmans Dome to Hanging Rock State Park.

On: Tuesday February 8 at 6 P.M.

At: [Diamond Brand Outdoors](#), 2623 Hendersonville Rd. Arden 828-684-6262

The MST travels 1,000 miles through North Carolina - about half is on small roads. CMC members are very familiar with the portion that the club maintains.

But what lies beyond that? See pictures of other outstanding places including Linville Gorge, OverMountain Victory Trail, Moses Cone Park, The Lump, Doughton Park and Stone Mountain.

[Kate Dixon](#), Executive Director of [Friends of the Mountains-to-Sea Trail](#) will introduce the program.

[Danny Bernstein](#)

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Other Important News

Appalachian Trail Festival and Biennial Meeting

SAVE THE DATE: Friday, July 1 to Friday July 8 2011



Every two years, we have a chance to spend a week with fellow hikers and outdoor enthusiasts at an [Appalachian Trail Conservancy](#) Conference. These meetings are held up and down the east coast and hosted by ATC member clubs. This July, the conference will be held at [Emery & Henry College](#), in Southwest Virginia, a two-hour drive from Asheville. It couldn't get much closer for CMC members. All the details are at [www.virginia2011.org](http://www.virginia2011.org)

If you know all about the conference and don't need to read further, note that online registration opens on **March 1**. There is a nice discount for those who register early and register online. See the [registration](#)

[site](#)

Hikes, Workshops, Excursions, Entertainment ...

You don't have to spend the whole week at the conference. But here's a primer of what actually happens during the week.

## **Appalachian Trail Festival and Biennial Meeting - An introduction**

**Danny Bernstein**

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**Hikes** - Offered Saturday to Friday

More than 190 miles of the Appalachian Trail are featured in a series of section hikes from Dennis Cove Road in Tennessee to Kimberling Creek in Virginia. They range from easy (Geology hike of 1.4 miles) to very strenuous (A.T., Iron Mountain and Feathercamp Trails Loop - 13.5, 2,800 ft. ascent).

Lenny and I are leading a hike through a magnificent section of the A.T. from Massie Gap to Elk Garden including climbing to the top of Mt Rogers, the highest mountain in Virginia. We'll hike through a spruce/fir forest with open balds and wild ponies.

You can hike to the [Settlers Museum](#) [#42] which tells the story of people who settled in Southwest Virginia. Some easy hikes end with swimming.

### **Workshops - Saturday to Monday**

Workshops are slotted in different tracks. This way, people interested in a particular subject can attend several workshops in the same track and not have a conflict. Examples of tracks include *Natural Wonders* with workshops on *Birding by Ear* and *Digital Nature Photography*. The *Trail Management* Track will interest trail maintainers and builders. If you ever thought about thru-hiking the A.T., there's a *Hiking and Backpacking Skills* track for you.

I will be presenting *A Hike through the Cultural History of the Carolina Mountains* in the *Cultural History along the A.T. track*. Lenny Bernstein will be leading a workshop on implementation of the climate change resolution which committed ATC to reducing its carbon footprint. Julie Judkins of ATC's Southern Region office will be participating in several workshops in the *Appalachian Trail Community* track.

### **Excursions - Saturday to Thursday**

Excursions are trips that show off the area but are not hiking trips. This includes kayaking on the New River and biking on the Virginia Creeper trail. Less physical excursions will be led to the Barter Theater and Abington Vineyards.

### **Trail Work Trip**

Two opportunities to work on the trail. Beginners are encouraged and will be guided by experienced trail maintainers. Tools are provided.

### **Entertainment**

There's a major activity planned for each evening. On Saturday evening, Wayne Henderson, a master guitar builder and musician will share the program with [Jeff Little](#), a fantastic piano player. I heard Little live and he is great. July 4 fireworks in Abingdon and an ice cream social are examples of other evening activities.

### **ATC Meeting**

This one week trail fest is also the [Appalachian Trail Conservancy](#) Biennial meeting. This is where you get to hear about how ATC works, meet the key players including the [National Park Service](#) staff. The A.T. is a [National Scenic Trail](#), under the National Park Service umbrella.

### **But where do you stay?**

You can stay in the campus residence halls, which is where most CMC'ers usually stay. You can camp on or off campus or stay in a motel in Abington, Virginia. Emory & Henry has a new dorm with private bathrooms for every room. The first people who register for the conference and request an air conditioned double will be assigned to this new dorm, so register early. There are a very limited number of single rooms available. You can request a roommate for a double room or a roommate will be assigned

Meals will be served on campus and picnic lunches.

Emery and Henry College is a small, historic college dating back to before the Civil War. The whole college is on the [National Historic Register](#).

### **Register early**

If the air conditioned rooms don't get you to register early, an excursion through the pits and backrooms of the [Bristol Speedway](#) will. There's only room for 20 and I hope to be one of them.

### **Spring Weekend in the Smokies - April 15, 16, 17, 2011**

Come on a CMC weekend at a group campsite with pavilion in Cades Cove Campground in the Smokies from noon on Friday to noon on Sunday.

A moderate wildflower hike and an alternate strenuous hike to the A.T. will be led on Saturday. Another wildflower hike on a different trail will be led on Sunday.



Campground is for tents only with a limit of 30 campers. The cost is \$4.50 per person, payable at the campground.

Campers need to bring their own food, beverages, tents, and personal gear. There are flush toilets and sinks with cold water but no showers.

To reserve your spot for an early spring weekend with other outdoor enthusiasts, call or email Janet Martin, [jaykaymartin@msn.com](mailto:jaykaymartin@msn.com) or call 502 494 9309.

### **CMC Map Reading Course - May 2**

Ever wondered what all those squiggly lines on topo maps are good for?

You can find out at our biennial map-reading course. The course will be held on Saturday, May 2. The class leaders will be Becky Smucker and Dave Wetmore. As usual, it will be an all-day affair with class in the morning and a practical exercise in the afternoon. The emphasis will be on map skills for walking (and finding) trails.



New this year will be a discussion of how a GPS unit can supplement a paper map.

The class size will be limited to 12 people. For more information or to register for the class, contact Dave Wetmore at [dwetmore@comporium.net](mailto:dwetmore@comporium.net)

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## Letters

Thank you from Stuart English

Recently I spent 48 days in the VA hospital recovering from colon cancer surgery. It was a journey on which I went places I had never been and learned things I did not know. Not the least of these things was the number of friends I had. This is to thank all those who people who either called, visited, sent a card, or all three. Many made several visits and sent more than one card.

Special thanks go to Jean Gard, who coordinated everything, made sure everyone had my various phone numbers, and made many trips to my house, and without whose help I don't know what I would have done. Bruce Bente and Gerry McNabb helped get the word out in the club. Thanks to Tom Bindrim and Dave Wetmore for visiting my house several times a week and feeding my cats for longer than they ever thought they would. Thanks to Gail O'Neal for helping me with VA bureaucracy and delivering my mail to me. Thanks Joe Burchfield for springing me from that place.



But this is foremost dedicated to the great people in this club who thought of me and flooded me with calls, cards, and visits to the point where it was impossible to keep up with. Unlike another, less worthy organization that uses this description, you are truly the Best People on Earth. [Stuart English](#)

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## Interview

Meet John Dickson by Stuart English

John Dickson was CMC president in 1988 and 1989. Recently I caught up with John and asked him to talk about himself, his hiking memories, his years with the club, and his recent trip to Antarctica. John talks of his legacy.

As a point of reference,

It is December 2010 and I am 66 years old.

I grew up in Brevard, North Carolina. I graduated from Brevard High School and went on to receive a degree in Chemistry and an MBA from the University of North Carolina at Chapel Hill.

Read the whole interview:

<http://www.carolinamountainclub.org/index.cfm/do/assets.download/AID/b60b1262-55c4-40cd-97e6-ac527b85103c>

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### Conservation News

Meet the Sierra Club by the CMC Conservation Committee

Since its founding in 1892 by John Muir, the [Sierra Club](#) has been working to protect our wild places.

Muir once stated, "If people in general could be got into the woods, even for once, to hear the trees speak for themselves, all difficulties in the way of forest preservation would vanish."

The Sierra Club's first campaign, thankfully successful, was to defeat a proposal to decrease the size of [Yosemite National Park](#). Today, Sierra Club is the oldest, largest, and one of the most influential grassroots environmental organizations in the United States.

Read the whole article: [\(broken link\)](#)

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### Heard on the Ground

MST sections for adoption

1. Doubletop to Old Bald access - Length is 1.1 miles
2. Richland Gap Access to Richland Balsam Access ( Three trees) - 1.2 miles
3. Bear Pen Gap Access to Haywood Gap - 2 miles

If you're interested, contact Larry Sobil at [lsobil@bellsouth.net](mailto:lsobil@bellsouth.net)

A.T. sections for adoption

2140 Lamon Gap to Bluff Mountain (4 miles)

2150 Garenflo Gap to Deer Mountain Shelter (3.4 miles)  
2135 Jones Meadow to Round Knob Springs Rd (4.2 miles)

I can be reached via [tim@newprism.com](mailto:tim@newprism.com) or at 828-398-4211 before 6:00 PM daily.

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Heard on the Trail

Extreme Hike for a Cure

So our AA-AA hikes are not challenging enough.

If so, go for the Extreme Hike for a Cure to benefit the Cystic Fibrosis Foundation. On Saturday April 30, you can walk 30.1 miles on the A.T. around Banner Elk. See <http://charlotte.cff.org/extremehike>. [Danny](#)

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The Small Print

*The eNews comes out on the last Friday of the month.*

*So ... The next issue will come out on **Friday, February 25**. Wednesday hike reports for the hike just before the eNews comes out will be published in the next eNews.*

*Hiker leaders, please send all your eNews hike reports and photos to Dave Wetmore at [dwetmore@citcom.net](mailto:dwetmore@citcom.net)*

Please see [How to write a hike report](#).

*So send me your news and maintenance reports by Tuesday evening at 9 P.M. before the newsletter comes out, that is, by **Tuesday evening February 22** to Danny Bernstein at [danny@hikertohiker.com](mailto:danny@hikertohiker.com). Include your email address at the end of your story. Thank you.*

*The CMC Calendar is meant to answer the perennial question "When is this happening again?" It is also meant to prevent conflicts between competing CMC events. Please check it often.*

**Westgate parking** - Park in the **northernmost part of the lot** - past EarthFare, in the last row of parking spaces.

**How to join the Carolina Mountain Club**

1. Go to [www.carolinamtnclub.org](http://www.carolinamtnclub.org)
2. Click on "How to Join" (upper-left on web page)
3. Print out the "CMC Application Form"
4. Fill it Out, write a check for your dues and ...5. Mail to CMC, PO Box 68, Asheville NC 28802

*For CMC members only: Send all address and email changes to Gale O'Neal*



at [gogalemail@gmail.com](mailto:gogalemail@gmail.com). Do not resubscribe yourself to the eNews. That will be done automatically.

If you are a non-member subscriber, you need to go back to the CMC home page > News >Subscribe and change it there yourself.

Danny Bernstein  
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